

15th EDBF NATIONS DRAGON BOAT CHAMPIONSHIPS

4th – 7th July 2024

Račice/Prague -CZECH REPUBLIC

National Olympic Centre Regatta Course – Labe Arena CZECH REPUBLIC – Prague / Račice - 4th – 7th July 2024

INFORMATION BULLETIN No. 2

Czech Dragon Boat Association (CZDBA) and the **Organizing Committee** in conjunction with the **European Dragon Boat Federation (EDBF)** warmly invite **all National Dragon Boat Teams to participate in the 15th EDBF NATIONS DRAGON BOAT CHAMPIONSHIPS** for the distances **200m, 500m and 2000m**.

DATE:

The **15th EDBF NATIONS DRAGON BOAT CHAMPIONSHIPS** together with **19th Open Czech National Dragon Boat Club Crew Championships** will be held **from 4th to 7th July 2024** at the National Olympic Centre Regatta Course – Labe Arena Račice.

LOCATION:

National Olympic Centre Regatta Course, the location of the 2009 IDBF World Championship, 2014 EDBF European Championships and location of Czech National Championships is just 30 minutes from Prague and has successfully organized various water sport events at European and World level in the past and provides ideal conditions and facilities for the athletes as well as for spectators. The regatta course and whole complex has been recently renovated and is like brand new! It is situated in the north of Prague, and it takes about 30 minutes by car on the new highway. A shuttle service between the accommodations and the regatta venue will be organized. Accommodation will be available in Račice and neighbor location.

TRAVEL INFORMATION

Travel Information

1. By car

GPS: +50° 27' 29.60", +14° 20' 30.52"

From Prague and Ústí nad Labem (motorway D8):

Use an Exit 29 km from the motorway D8. Then follow the road nr. 240 to Roudnice nad Labem. Read carefully the city signs to not to use the city centre. Follow the road sign saying „Štětí“. On the roundabout next to the Billa supermarket turn right. On the next crossroad approximately 1 km far turn left. You will go across Předonín village and on the next crossroad turn left to Račice.

From Mělník and Česká Lípa:

Use a road nr. 9. In Liběchov turn to the road nr. 261. In Štětí go over the bridge. Turn right to Račice.

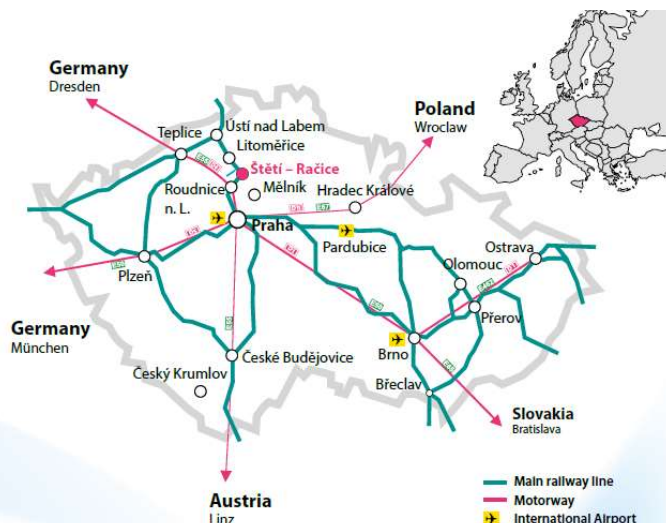
From Litoměřice

Use a road number 261 to Štětí, turn left to the bridge across the river Labe.

Distances and orientation times

- Ústí nad Labem, 56 km, 60 minutes
- Praha 60 km, 65 minutes
- Litoměřice 25 km, 30 minutes
- Mělník 18 km, 20 minutes
- Roudnice nad Labem 10 km, 15 minutes

Please follow the instructions of the operating personnel at the course. These staff will tell you where to go for a free parking place. Parking for free during all event.



2. By train

The railway station **Hněvice** is about 15 minutes by walk to the course. Express trains from Prague and Ústí nad Labem stop there.

From Prague

(Main railway station): 57 km, 46 min.

From Ústí nad Labem

49 km, 37 min.

More information about traffic relations and prices: www.cd.cz, www.idos.cz or 800 112 113
Awaiting your positive reply we look forward to meeting you and your team in Račice.

National Olympic Centre Regatta Course – Labe Arena CZECH REPUBLIC – Prague / Račice - 4th – 7th July 2024

THE RACING:

Racing will be conducted in both small and standard boats:

- Divisions: Premier, Senior A, Senior B, Senior C, Senior D, 24U, Junior A, Junior B and Paradrakon
- Classes: Open, Women and Mixed
- Distance: 200m, 500m, 1,000 and 2,000m.

Racing will be conducted in accordance with:

- IDBF Competition Regulations (Edition 9.0 (January 2024))
- IDBF Rules of Racing (Edition) Edition 9.0 (January 2024)
- IDBF Rules for Paradrakon Racing (Edition 1.3) (December 2023)

Copies of the above rules can be downloaded from <https://www.dragonboat.sport/rules-and-regulations>

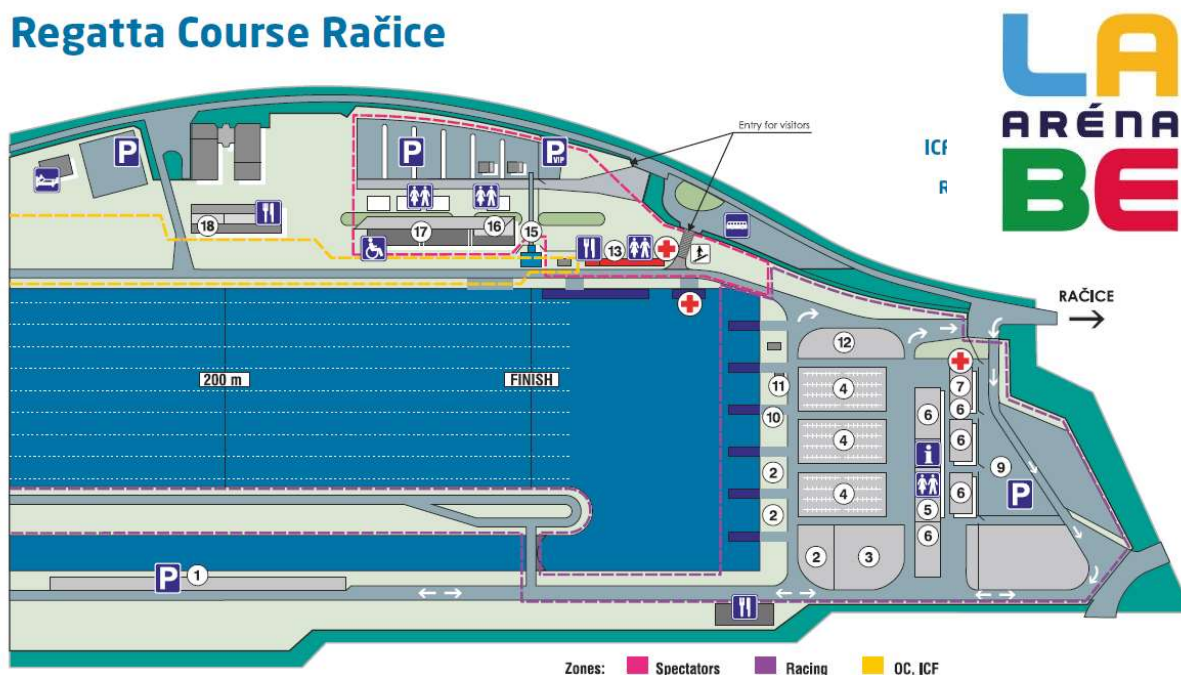
THE VENUE - REGATTA COURSE:

The regatta course has 6 lanes of 12 meters for 200 and 500 m, using the Albano system. Starts are equipped with the automatic start system Polaritas and new fixed starting blocks.

The total length of the water canal is 2350 meters and the width of main canal is 130 meters. The depth is 2.5–3 meters.

Photo finish and computerized results processing will be provided at the finish tower on site. There is a huge grandstand for spectators and guests incl. parking place available. VIP guests of the OrgCom and EDBF will be able to enjoy the races from the VIP area with a view over the whole regatta course.

Regatta Course Račice



1 Parking	5 Changing room	10 Start numbers / water distribution	15 Finish tower
2 Boat builders	6 Indoor rest room	11 Control commission	16 Grandstand for VIP
3 Place for team tents	7 Bag drop off / Lost & Found	12 Boat paddle builders	17 Grandstands
4 Boat storage	9 Parking	13 Exchange	18 Accreditation

National Olympic Centre Regatta Course – Labe Arena CZECH REPUBLIC – Prague / Račice - 4th – 7th July 2024

ENTRIES:

There is the new EDBF platform open for the registration of entries:

<https://123bookeasy.com/ticketEDBFenc24>



All National Federations received an email with login credentials from: noreplay@123bookeasy.com

For any question you can refer directly to email: dragonboat@123bookeasy.com

FEE PAYMENT:

Entry fees have two components: an amount paid to EDBF (the 'EDBF Registration Fee') and an amount paid to the event organizer (the 'Entry Fee').

EDBF Registration Fee: € 30 per team member/ coach / manager / medic, Junior A / B € 15, Supportes € 15

Entry Fee: € 80 for adults 19of age and over and € 35 for Juniors and Supporters after confirmed entry till 30th April.

Please enter your numbers and invoicing data into the system based on which a receipt for payment will be sent to you!

KEY DATES:

Requirement	Deadline
Confirmed Entries close – against which all fees will be invoiced	12 th April 2024
Entry Fee payment date	30 th April 2024
Final Name Entry date	31 st May 2024
EDBF Registration Fee payment date	31 st May 2024

A late Entry fee of an extra € 20 per person will be charged for any payments made after 30th April.

BOATS AND EQUIPMENT:

IDBF licensed boat sets will be provided by the Championship organizers:

- 2 sets of 6 Standard Boats + 2 spare / 2 sets of 6 Small Boats + 2 spare

Competing crews are expected to bring their own paddles that confirm to the IDBF Paddle Specification.

National Olympic Centre Regatta Course – Labe Arena CZECH REPUBLIC – Prague / Račice - 4th – 7th July 2024

OUTLINE PROGRAMME:

Provisional detailed Race Program is on the web:

<https://www.dragonboat.cz/zavod/509-15th-edbf-european-nations-dragon-boat-championships-2024/>

- The Opening Ceremony is planned for Friday, 5 July 2024.
- Racing will take place from Thursday 4 July through to Sunday, 7 July 2024 inclusive.
- Please ensure your team arrives by 3 July 2023 latest for meetings and training sessions.
- This program is to assist Teams with their planning but is still provisional and could be changed.

ENC 2024		Race Program			Version 1 - 03.04.2024_ubf
Race program					
Day 1	1.000 m 500 m	morning afternoon	all Standard boat crews Standard and Small boat	mixed, open, women mixed only	
Day 2	2.000m	morning afternoon	Standard and Small Boat Standard and Small Boat	mixed open, women	
Day 3	200 m	morning afternoon	Standard and Small Boat Standard and Small Boat	mixed open, women	
Day 4	500 m	from 9:00 a.m.	Standard and Small Boat	open, women	

ENC ANTI-DOPING INFORMATION

IDBF is a signatory to The World Anti-Doping Agency (WADA). IDBF is committed to ensuring that its athletes comply with WADA requirements. The EDBF follows the IDBF Anti-Doping Policy, where it is relevant to EDBF Championships.

The 2024 EDBF Anti-Doping Education & Testing Policy as it relates to the 15th EDBF Nations Championships – **see Annex 1 in the Bulletin 2.**

National Olympic Centre Regatta Course – Labe Arena CZECH REPUBLIC – Prague / Račice - 4th – 7th July 2024

ACCOMMODATION & PARKING & TRANSFER:

Labe Arena Račice training center offers on-site accommodation (limited) and accommodation & transfer service in neighbor cities or in Prague (+/- 30 min by car) in different price categories on the first-come -first served basis.

Limited on-site offer:

- **Hotel ROWING / REGATTA** located close to the boat storage bay provides: **twin** rooms equivalent to the 4* category. All rooms are equipped with individually adjustable air-conditioning, WI-FI internet connection, LCD TV-SAT, small fridge, coffee and tea making facilities, terrace with table and chairs, privat bathroom with luxury cosmetic and hair dryer. All rooms are non-smoking.
- **Hotel REGATTA** located behind the hotel Rowing at the boat storage bay provides: 50 multibed rooms equivalent to the low costs category with 2 or 3 bunk beds, table and sink. Common sanitary facilities.
- **Camping Site:**
Tents, caravans, campers in limited capacity on site - common sanitary facilities.

PARKING:

There will be guaranteed parking place only for those who use the official accommodation services of the Labe Arena. There will be reserve parking place in Štětí City - across the river, approx. 15 minutes on foot for those who book accommodation on their own way individually and others.

RACE LUNCHES & CATERING:

Lunch menu service will be provided at the course.

There will be also various food and drink stands available in the area.

ADDITIONAL SERVICE:

Staff of the Labe Arena training center will be glad to arrange these additional services for you:

- Individual check-in and check-out
- Airport transfers and taxis
- Bus and car outdoor parking available at the hotels site
- Safe deposit box available at the reception
- Laundry service
- Additional sale of the food supplements and gift items at the reception
- Sightseeing tours and guides services

For more information & booking please contact directly:

Labe aréna Račice

Tel: +420 416 813 652

Email: recepce@labearena.cz

Mrs. Petra Vitásková

Tel: +420 773 930 946

Email: petra.vitaskova@labearena.cz



National Olympic Centre Regatta Course – Labe Arena
CZECH REPUBLIC – Prague / Račice - 4th – 7th July 2024

ORGANIZER CONTACTS:



- Championships Website: www.dragonboat.cz
- CzDBA President: **Petr Klíma** - klimbera@dragonboat.cz
- Organizing Committee: office@dragonboat.cz

EDBF CONTACTS:



- EDBF President: **Claudio Schermi** - president@edbf.org
- EDBF General Secretary: **Josef Junca** - secretary.general@edbf.org
- EDBF Treasurer: **Maura Dezi** - treasurer@edbf.org
- EDBF Competition and Technical Commission: **Andries Boneschansker** - boneschansker61@gmail.com
- EDBF Medical Commission – Antidoping: **Leila Atei** - leilaataei1983@gmail.com

More on our web: www.dragonboat.cz or join us: <http://www.facebook.com/www.dragonboat.cz>

National Olympic Centre Regatta Course – Labe Arena CZECH REPUBLIC – Prague / Račice - 4th – 7th July 2024

Annex. 1

Clean Sport Education

In line with the World Anti-Doping Code and the IDBF Doping Control Rules, it is a mandatory requirement for the following athletes and all coaches to complete or have completed an Anti-Doping course before being eligible for registration/accreditation at the ENC 2024 in Recice.

All Premier Crew (including helm & drummer) must complete the **International-Level Athletes Education Program**. This course will give athletes information about the dangers of doping, the importance of anti-doping controls and promote positive attitudes to avoiding doping.

All Coaches must complete the **High-Performance Coaches' Education Program**. This course provides Anti- Doping education for High Performance Coaches with an emphasis on why clean sport matters and how it protects athletes' experiences and opportunities in sport.

- Please follow this link to access the education: <https://adel.wada-ama.org/learn>
- However, you can do the course in any language provided by the website but when creating the account, please enter the correct identity information using your full name **in English**.

***Any athletes/Coaches with a current Anti-Doping course certificate must make sure it is valid until 4th Aug 2024 (if you have completed it before and it is still valid , you do not need to do it again)**

ALL certificates should be submitted online no later than 25 July. The information regarding the submission process and the platform will be published separately by the end of May 2024.

Doping Control

In line with the World Anti-Doping Code and the IDBF Doping Control Rules, EDBF will conduct random drug testing at this competition. All tests will be set against the current WADA banned substances list as shown on the WADA Website. Members of the EDBF Medical and Sports Science Commission will be on hand to monitor the testing process.

Premier athletes who takes prescribed substances or use methods prohibited by WADA for medical reasons, should submit a Therapeutic Use Exception Application Form (TUE) to the IDBF medical Commission, chair-medical@dragonboat.sport no later than 30 Jun 2024.

Please note that EDBF Medical Commission is not responsible for any TUE submitted to the IDBF, therefore, for any question regarding the submission of TUEs please only contact chair-medical@dragonboat.sport

The list of substances and methods prohibited by WADA can be found at: <https://www.wada-ama.org/en/content/what-is-prohibited> or **Global Dro - Global DRO - Home-**

National Olympic Centre Regatta Course – Labe Arena CZECH REPUBLIC – Prague / Račice - 4th – 7th July 2024

The TUE and information on the TUE process along with Checklists are available for download from the IDBF website site. Please note the following points when preparing a TUE:

1. Inform your doctor that you are an athlete. If any of your medications are prohibited ask your doctor for a suitable alternative that is not prohibited.
2. Only those prescribed medications that are on the prohibited list require a TUE.
3. All medical evidence (diagnosis, medical history, test results etc. as stated on the TUE form at point 6) must be submitted with the TUE for it to be processed otherwise the TUE application will be returned. This can then be re-submitted once all required documentation has been collected.
4. All submissions of TUE to be in PDF document format.

Please note the EDBF only required Premier athletes who are undertaking prescribed substances or use methods prohibited by WADA to submit their TUEs. Athletes in other categories are not required to provide such documents for the ENC 2024.

See **IDBF website** for TUE Application form and IDBF TUE Checklist: <https://www.dragonboat.sport/anti-doping>

National Clean Sport Advisor:

The EDBF Medical and Sport Science Commission is pleased to announce that we will organize a 4 hours clean sport advisors course during the ENC 2024, (date to be announced in Bulletin 3). This course is about the role of and responsibilities of Clean Sport Advisors in protecting clean sport and how to operate in line with the EDBF's anti-doping rules. It will provide information to effectively support athletes so that they meet their anti- doping roles and responsibilities, and it will explain what is expected from you when you suspect doping.

At the end of the course candidates will receive the EDBF Clean Sport Certificate which will entitle the recipient to act as a National Clean Sport advisor for their EDBF Member.

At least one person is invited from each EDBF Member to attend the workshop which is free to attend.

From 2026, WADA will require all sports to have a Certified Clean Sport Advisor as part of their national teams, The EDBF will be complying with this WADA directive therefore, It is highly desirable that EDBF Members nominate people to attend this first Clean Sport Advisors Workshop during the ENC2024.

Candidate's names should be sent to edbf.antidoping.office@gmail.com by July 31.